

St Joseph Phoenix News

JANUARY 2024

Principal's Message

Dear Parents/Guardians:

Happy New Year! I hope you all had a wonderful Christmas. It's nice to have this next week to take a breath and hopefully get some well-deserved rest. I know as a staff, we are all looking forward to recharging our batteries to be ready for the next stretch of the school year. I personally find this time of year a great time for a little reflection on the past year, and the new one upon us. I enjoy the new energy created by this wonderful holiday. Nothing like celebrating the birth of our saviour to breathe a little life into all of us. We will be glad to see all your children back in school on the 8th of January. Enjoy these last few days of the break.

Yours in Catholic Education

God Bless,

Mr. T. Atkinson



Electronic Waste and Battery Collection

Electronic waste is the fastest growing solid waste in the world! Did you know that only 12% of e-waste is recycled? Electronics also contain toxins such as mercury, lead, arsenic, and flame retardants. If electronics are not recycled properly these toxins are released into our environment.



In an effort to protect our environment and increase the number of recycled electronics, St. Joseph's student council and eco-team have teamed up with Electronic Recycling Association (ERA) to collect electronic waste and batteries. The goal of ERA is to collect and refurbish electronics and donate them to Canadian charities. Their model is aimed at helping reduce the amount of e-waste in the country, while also helping people in need. ERA collects all office technology (working or not) and batteries. ERA wipes all devices of data and offers free data wiping and provides a certificate with serial numbers. **Even with this service we recommend that you delete all devices of personal information before donating.**

We will be collecting e-waste Monday, January 15th - Wednesday, January 17th during school hours. On Thursday, January 18th a staff member will be at the school until 7:00 pm to collect after school hours. Batteries can be sent in throughout the school year.

Thank you for your contributions to this initiative!

Remembrance Day Poster Contest Winners

Thank you to everyone who submitted a poster or poem to the Legion contest. Congratulations to the following student's who are winners at the Legion Branch level:

1st Place Winners - \$65

Ella G. - Gr 3
Adrianna P. - Gr 3
Amada P. - Gr 7

2nd Place Winners - \$50

Ayden G. - Gr 3
Emily G. - Gr 2
Matthew H. - Gr 4
Ava B. - Gr 8

3rd Place Winners - \$40

Sam Z. - Gr 3
Makayla W. - Gr 6
Brooklyn B. - Gr 8

Niagara Region Public Health School Health Newsletter

January 2024

Grade 7 Vaccines Catch Up

Niagara Region Public Health has completed all fall school-based immunization clinics for the following publicly funded [routine school vaccinations](#):

- Meningococcal
- Hepatitis B
- Human Papillomavirus (HPV)

Grade 7 students who missed their school immunization clinic can receive these vaccines through

- **Niagara Region Public Health vaccination clinics** – book an appointment at a community clinic by calling the Vaccine Preventable Disease Program at 905-688-8248 ext. 7425
- **Family doctor or Nurse Practitioner**– Contact your health care provider to discuss vaccine availability. If you do not have one, you can check with a local walk-in clinic.

Wintertime Well-Being

As the weather changes and days get shorter, many people, including children and youth, may feel more anxious, depressed, or tired. It's essential to be mindful of our emotional well-being. Beat the winter blues and check out these simple activities to boost your and your child's mood.

- [8 feel good tips to boost your mood](#)
- [100 Fun Activities to Boost Your Mood](#)
- [Stress relief activities for kids](#)

Help Keep the Classroom Germ Free – Stay Home When Sick

Respiratory viruses like the flu and COVID-19 are spreading in our community. Since these viruses can have similar symptoms, it can be hard to tell what you are infected with based on just symptoms alone.

If your child is sick, they should stay home from school until:

- They have no fever, without the use of fever reducing medication **and**
- Their symptoms have been improving for at least 24 hours or 48 hours if they have nausea, vomiting and / or diarrhea **and**
- They don't develop any new symptoms

By keeping your child home when sick, you help prevent them from spreading whatever infection they have to others.



SNOW SAFETY FOR KIDS

Embrace the thrill of tobogganing this winter, but remember, safety comes first! Whether your child is racing down the slopes or enjoying a leisurely ride, follow these snow safety tips to make

the most of winter adventures:

1. **Gear Up:** Wear appropriate winter gear such as gloves, and sturdy boots to provide protection from the cold.

2. **Choose Safe Hills:** Opt for designated tobogganing hills that are free from obstacles like trees, rocks, or traffic. Avoid hills with steep inclines or crowded areas.
3. **Follow Etiquette:** Be mindful of others on the hill. Encourage your child to wait their turn and choose a clear path to avoid collisions. Respect the space and safety of fellow tobogganers.
4. **Think Safety:** Help your child to sit facing forward on the toboggan with their feet first. Remind tobogganers to hold on firmly and avoid standing or kneeling during the ride.
5. **Stay Visible:** If tobogganing in the evening, ensure visibility. Wear bright colours and consider adding reflective elements to clothing.

Remember, tobogganing is all about having fun, but safety ensures that the enjoyment lasts throughout the winter season. So, bundle up, find a safe hill, and make lasting memories with your child and friends in the winter wonderland!

Visit [Niagara Families](#) for places your child can toboggan.

BT CORNER

We, the staff at Blessed Trinity hope that all of our Family of Schools had a very enjoyable and restful Christmas break.

At Blessed Trinity, January marks the last 2 weeks of our Semester 1 and final exams for our students. The focus for January will be wrapping up the semester and preparing for those exams.

For the grade 8's, at our Family of Schools, it will mean getting to actually choose the courses they will be taking next year in Grade 9 at Blessed Trinity. The process began back in December with an information presentation to all grade 8 students on the compulsory and elective courses they will be choosing from. **On January 18th**, that process will continue with our **Grade 8 Open House at Blessed Trinity starting at 7:00 pm**. All grade 8 students and parents are welcome and encouraged to attend and experience what BT Thunder is all about!

The last step in the process will have a representative from Blessed Trinity visit Grade 8 classrooms to help students actually choose and submit their courses through MyBlueprint from January 22nd to February 9th.

The deadline for selecting courses, submitting registration form and payment of Grade 9 Registration Fee of \$55 is **FRIDAY, FEBRUARY 9TH**.

Please contact Blessed Trinity @ 905-945-6706 > Mr. John Cino –Ext. 2330 or Mrs. Rose Bianco Ext. 2312, if any Grade 8 parent has any questions.

Linus Hand Production Audition's

AUDITION NOTICE

LINUS HAND PRODUCTIONS YOUNG COMPANY PRESENTS

Disney HIGH SCHOOL MUSICAL 2

PERFORMANCES WILL TAKE PLACE JUNE 2024 AT THE GREG FREWEN THEATRE

All roles will be performed by students between 5-18 years of age.
For the audition please prepare a song (preferably musical theatre).
The song can be performed acapella or with accompanying music.

If you have a child who is interested in auditioning please contact:
289-213-8001 or **handlinus@gmail.com**



Spirit Wear from Front Row Sports

A button has a clean look to it, and gives you more space to share a summary or set of directions with your readers. You can write an eye-catching headline, too :)



Holly Humphreys

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